WoodGreen Seniors' Active Living Centre – November Program Calendar (VIRTUAL)

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Program		9:30–10:30 (Hybrid) Stay Active at Home L3		9:30–10:30 (Hybrid) Stay Active at Home L1 /L2 11:00–12:00 (Hybrid) Zumba Gold	2:00–3:00 (Virtual) Stay Active at Home L1 /L2
Bi–Weekly & One Time Event				Nov 19 10:00–11:00 Chinese Calligraphy (Chinese) Nov 26 • 10:00–11:00 Acrylic Painting (Chinese) • 11:30–12:30 Brush Painting (Chinese) Above Programs, Contact Aimin to Register at 416-405-5010 Nov 26 3:00–4:30 • Let's Talk Movies: Spirited • Contact Jen at 647-285-7954 to Register	

For More Information and Registration, Please Contact Shirman at 416-728-7865 or smmak@woodgreen.org

Physical Activity | Workshop, Skill Development | Group and Club, Social Activity | Congregate Dining, Party, Outing

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WOODGREEN SENIORS' ACTIVE LIVING CENTRES PRESENT

Zumba Gold



Date:
Every Thursday

Time:
11:00 – 12:00

Location:
MS Team Click HERE

For More Information and Registration,
Please Contact Jen at 647-285-7954 or jiyang@woodgreen.org

WOODGREEN SENIORS' ACTIVE LIVING CENTRE PRESENTS:

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LET'S TALK MOVIES:

SPIRITED

JOIN US FOR A GREAT FILM AND CONVERSATION!





Spirited is a 2022 American Christmas musical comedy film directed by Sean Anders, and written and produced by Anders and John Morris, with songs by Benj Pasek and Justin Paul. It is a modern retelling of Charles Dickens's 1843 novella A Christmas Carol and a satire of the various adaptations since. The film stars Will Ferrell, Ryan Reynolds and Octavia Spencer.

Watch on Apple TV and come prepared for a lively discussion via Teams.

DATE: NOV 26, 2026

TIME: 3:00 - 4:30PM

LOCATION: MICROSOFT TEAMS

REGISTER: CALL 647-285-7954

For More Information and Registration, Please Contact Jen at 647-285-7954 or jiyang@woodgreen.org