

WoodGreen Seniors' Active Living Centre – August Program Calendar (VIRTUAL)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Program		9:30–10:30 (Hybrid) Stay Active at Home L3	2:00–3:00 (Hybrid) Stay Active at Home L1 /L2	9:30–10:30 (Hybrid) Stay Active at Home L1 /L2 11:00–12:00 (Hybrid) Zumba Gold • Register HERE	
Bi-Weekly & One Time Event				Jul 31 10:00–11:00 Chinese Calligraphy (Chinese) Aug 14 10:00–12:15 Watercolor (Chinese) • 10:00–11:00 Advanced Session • 11:15-12:15 Beginner Session Aug 21 10:00–11:00 Acrylic Painting (Chinese) -outdoor practice class Above Programs, Contact Aimin to Register at 416-405-5010	
FOR MORE INFORMATION AND REGISTRATION, PLEASE CONTACT SHIRMAN AT 416-728-7865 OR SMAK@WOODGREEN.ORG PHYSICAL ACTIVITY WORKSHOP, SKILL DEVELOPMENT GROUP AND CLUB, SOCIAL ACTIVITY CONGREGATE DINING, PARTY, OUTING					



WoodGreen Seniors' Active Living Centres Present

水彩画 WATERCOLOR

Class is instructed in Chinese

日期：星期四, 2025年8月21日

Date: August 21, 2025

時間：上午10:00 - 12:15

Time: 10:00 - 12:15 Pm

地點：Zoom

Location: Zoom

登記：按此報名

Register: [Click Here](#)

For More Information and Registration,
Please Contact Aimin at 416-405-5010 or
axu@woodgreen.org

WOODGREEN SENIORS' ACTIVE LIVING CENTRES PRESENT

Zumba Gold

Date:

Every Thursday

Time:

11:00 -12:00

Location:

Zoom

Register: [CLICK HERE](#)

For More Information and Registration,
Please Contact Jen at 647-285-7954 or jiyang@woodgreen.org

WoodGreen Seniors' Active Living Centre Presents:



Let's Talk Movies *Neruda*

Neruda is a 2016 biographical drama film. Mixing history and fiction, the film shows the dramatic events of the suppression of Communists in Chile and how Pablo Neruda, poet, diplomat, politician and Nobel Prize winner had to go on the run, eventually escaping on horseback over the Andes. Gael Garcia Bernal plays the policeman tasked with arresting the poet. Among many diplomatic posts, President Salvador Allende appointed him as Chile's ambassador to France.

Neruda is available to watch on Kanopy for free with a valid Toronto Public Library Account



Date:
June 26, 2025



Time:
3:00 - 4:30PM



Location:
Microsoft Teams



Register:
[Click HERE](#)

For More Info and Registration, Please Contact Raffatul (Raff) Islam at 416-705-1530 or RIslam@woodgreen.org