

Work Initiative Network (WIN)



AGENDA



- What is WIN?
- Program Structure & Content
- Eligibility & Suitability
- Next Steps
- Q&A
- Interview Sign Up

WIN - Work Initiative Network

Employment program supporting people with mental health issues

Our Mission

The WIN program is designed to assist individuals with mental health issues re/enter the workforce through confidence building activities, career decision making and planning of clear and realistic job goals, job search skill development, understanding job maintenance and addressing issues not often covered in traditional employment programs



COMMON PARTICIPANT CONCERNS ADDRESSED IN WIN:



- Will working cause a MH relapse?
- Can I change fields?
- What about my gaps or not having references?
- How do I cope with self-doubt, perfectionism or imposter syndrome?
- Can I balancing work/life to maintain wellness & self-care?

- 6 months of support with job preparation, job search and job maintenance
- Part time structured cohort program designed to reflect the responsibilities and schedule of a part-time job
- Meets 3 days a week virtually via MS Teams
- Tues and Thurs virtual group workshops 12-3pm
- Plus, weekly 1 on 1 with ECC for 45 minutes
- Approx. 10 hrs a week (7 hrs online, 2-3 hrs follow up tasks/ assignments)
- **Attendance, participation and completion of tasks & assignments are required ****

HOW WIN WORKS





THE WIN DIFFERENCE

All Employment Programs	WIN Adds
Resume and Cover Letter Writing	Career Exploration- Assessments (Skills, Interests, Values) & Decision Making
Interview Techniques	Stress Management, Self-Care, Grounding and Mindfulness for Work Life Balance
Job Search Techniques	Disclosure & Accommodation Support
Referrals to Job Leads and Job Fairs	Support with Volunteer Opportunities or Training Research
	Video Mock Interviews with Feedback & Focus on Building Confidence
	Networking, Small Talk and Managing Social Anxiety
	Job Maintenance- Employee Expectations, Communication, Setting Healthy Boundaries, & Conflict Resolution



WHAT WIN IS NOT

-
- A Drop In Program
 - A Placement Program
 - A Paid Program
 - A Vocational Training Program
 - A Therapeutic Program

COLLABORATION



WIN works in partnership with mental health professionals to ensure our clients are well supported

Role Of The Referring Worker

- Refer employment ready clients
- Provide regular and ongoing counselling and non-employment support to clients
- Participate in ongoing case coordination with WIN
- Complete end of program evaluations

ELIGIBILITY



- Ongoing mental health counselling support for minimum 6 -8 months from a referring mental health worker
- Able to commit to structured job search program 3 days per week
- Available during workshop hours (Tues and Thurs 12-3pm)
- Has a computer, e-mail address, internet, and basic computer skills to job search online
- Job ready and able to work 20+/- hours per week
- Stable housing and phone number with voicemail
- Eligible to work in Canada (proof of SIN and ID required)
- Minimum English fluency LINC level 6
- Age 21+, (exceptions made on a case-by-case basis)

Definition of Work Readiness As Defined by The Dream Team at Workability Conference

- Functioning well in everyday life (time/schedule management)
- Able to manage stress and demands of the job
- Professional soft skills (communication, presentation & hygiene)
- Has insight into their abilities and limitations (self-awareness)



SUITABILITY



Other Things to Consider..... Ask Yourself:

- Is my mental and physical health stable?
- Am I ready to commit to the WIN schedule and expectations, (3 days per week)?
- What type of job am I looking for?
- How motivated am I to apply for jobs?
- What supports do I have in place?
- How might the stress of job search/employment impact my mental health?
- How will employment income effect my benefits/subsidized housing?



“It was a huge boost to my confidence and enabled me to land a job”

“Participating in the WIN program was an invaluable experience. In the beginning I was intimidated by the length of the program and the commitment involved, however it turned out to be a great decision”

“I highly recommend the WIN program. I especially liked the personalized help and expertise of the staff in creating an excellent resume and covering letter”

“The WIN program made me feel motivated and helped me get my confidence back”

Employment Accessibility Services (EAS)

Supports to find & keep meaningful employment for Persons with Disabilities

Offers: 1:1 service in person or online

Intake: Continuous throughout the year, no referral needed

Eligibility: 16+ years old, has a verifiable disability, resides in Toronto, must not be receiving OW

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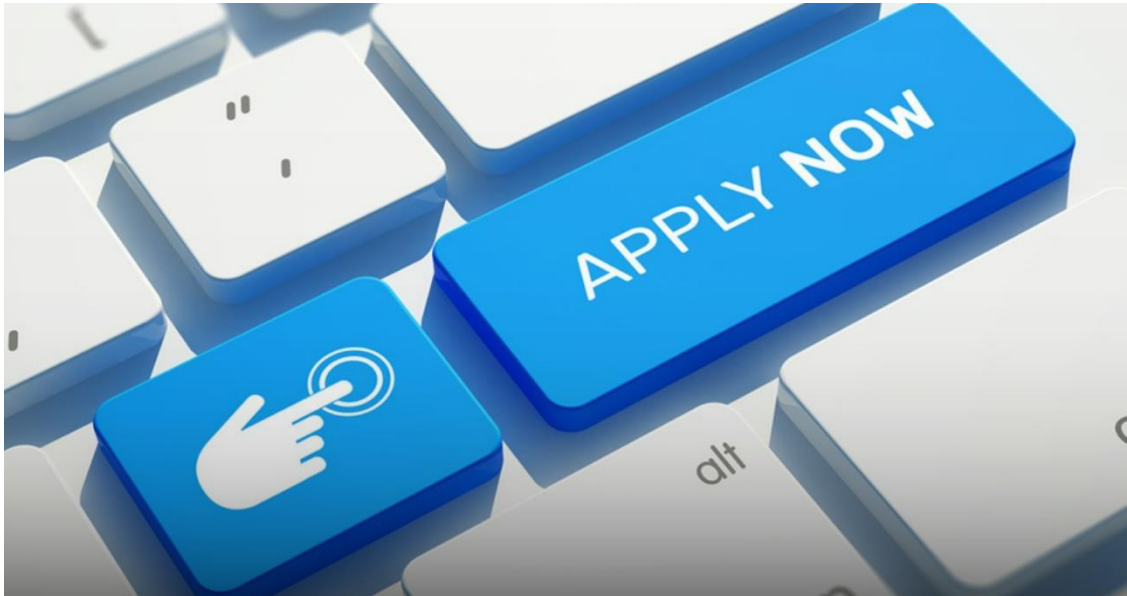
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Application Process:



- Referral from Mental Health Worker
- Group Information Session
- Individual Interview with basic computer skills assessment

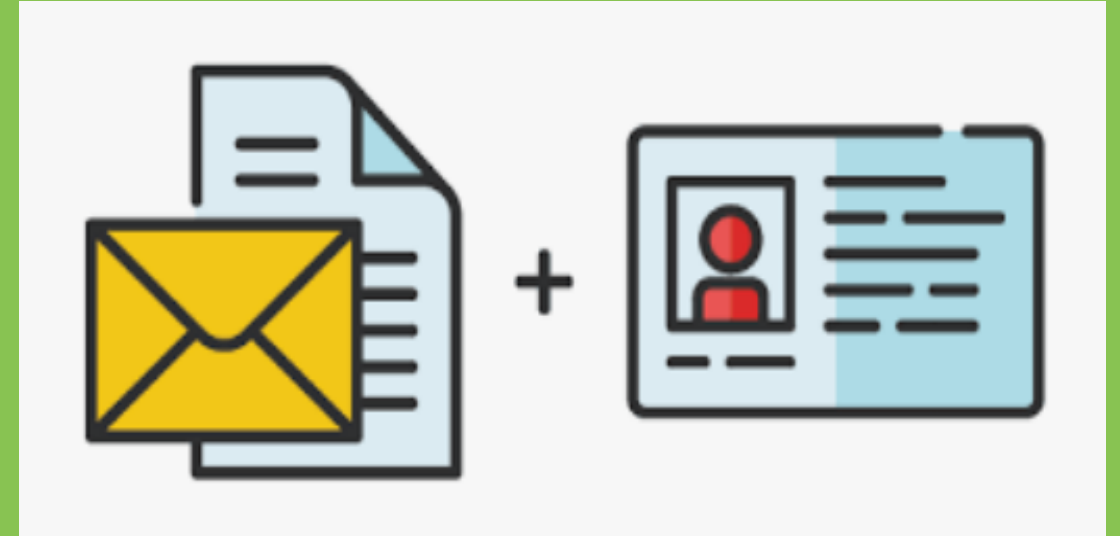
NEXT STEPS

- Review eligibility criteria & work readiness definition with your worker
- Ensure your availability to attend 3 times a week
- Ensure referral form has been submitted
- Book and attend an interview
- Submit resume by email
- If you do not have a worker, contact us at win@woodgreen.org



WHAT TO PREPARE FOR YOUR ONLINE INTERVIEW

1. Have your SIN card or a government issued document with your SIN number ready
2. Provide 2 pieces of photo ID, you may show temporary documents indicating you applied for new ID
3. E-mail resume prior to the interview, if you have one. It does not have to be fully updated
4. Log into your interview using your computer (not cell phone or tablet)
5. Make note of the day and time you signed up for your online interview as reminders will not be sent



Q & A ?

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Interview Sign Up

