

### 支持护理者的 服务机构

这里盘点的活动为看护者、家庭成员和/或其他服务提供者提供信息、教育、培训和治疗性辅导，帮助他们直接或间接地为特定个人提供护理和支持。

请注意：此次盘点的最后更新日期为 **2022年1月25日**，计划可能会有更改

#	组织 Organization	服务描述 Service Description	资源类型 Type of Resource	服务区 Service Area	语言 Languages	联系信息 Contact Information
1.	211 Ontario – multilingual	为您介绍本地资源/服务的电话线路。	Online and phone service	Ontario	Multiple languages	Free, Call 211. Available 24 hours a day, 7 days a week. <a href="https://211ontario.ca/">https://211ontario.ca/</a>
2.	Alzheimer Society Canada –Educational resources	为看护者提供的关于失智症的情况和支持（有多种语言）。 帮助您辨别某人失踪风险的资源（有多种语言） 免费在线课程和网络研讨会介绍关于失智症 和失智症护理（英语）。	Online, Downloadable resource	None	English, French, Hindi, Simplified Chinese, Traditional Chinese Spanish, Italian, Portuguese, Tagalog, Urdu, Bengali	Free, multilingual ‘Introduction to Dementia’ (2020), <a href="https://alzheimer.ca/en/help-support/dementia-resources/national-resource-library">https://alzheimer.ca/en/help-support/dementia-resources/national-resource-library</a>  Free resources <a href="http://findingyourwayontario.ca">http://findingyourwayontario.ca</a>  Free courses (English), <a href="https://alz.to/courses-learning-programs/">https://alz.to/courses-learning-programs/</a>
3.	Alzheimer Society Toronto - Cantonese Peer Support Group for Caregivers	8 节粤语 同境遇者小组支持 家庭成员患有阿尔茨海默症或其它失智症 的团组。	Online, Downloadable resource	Ontario	Traditional Chinese	Free, <a href="https://alz.to/event/cantonese-peer-support-group-online/">https://alz.to/event/cantonese-peer-support-group-online/</a>

4.	Alzheimer Society Toronto - Resource Book for Caregivers	一本 13 页的小册子，为失智症患者及其看护者提供支持和信息。	Online, Downloadable resource	Toronto	English	Free <a href="https://alz.to/wp-content/uploads/2019/04/AST_Resource_Book_for_CG_and_PWD_English_10.2.2018.pdf">https://alz.to/wp-content/uploads/2019/04/AST_Resource_Book_for_CG_and_PWD_English_10.2.2018.pdf</a>
5.	Baycrest Quick-Response Caregiver Tool	给看护者的教育和支持工具	Online education and videos	None	English WoodGreen is working on having this translated	Free <a href="https://www.baycrest.org/Baycrest/Education-Training/Educational-Resources/Baycrest-Quick-Response-Caregiver-Tool">https://www.baycrest.org/Baycrest/Education-Training/Educational-Resources/Baycrest-Quick-Response-Caregiver-Tool</a>
6.	CABHI - LEAP	社区平台帮助看护者和老年人学习和协作，改善老年人生活和大脑健康。	Online educational group	None	English	Free, register to join. <a href="https://www.cabhi.com/leap">https://www.cabhi.com/leap</a>
7.	CareFirst – Caregivers Support and Education Program	促进看护者的健康和福祉。 个人支持辅导、支持小组；教育研讨会；社交活动	Online and in-person education.	Toronto	English, Simplified Chinese, Traditional Chinese	Free, some fee for service. <a href="https://carefirstontario.ca">https://carefirstontario.ca</a>
8.	ELIZZ 'Care Channel' by SE Health	为家庭和社区看护者提供支持性资源。	Online education and videos	None	English, French, Punjabi, Simplified Chinese	Free <a href="https://carechannel.elizz.com">https://carechannel.elizz.com</a>
9.	Family Service Toronto (Victoria Park Hub)	必须是 60 岁以上（或 50 岁以上，如果有残疾）或老年人的看护者。 辅导服务包括：如何應對慢性或退行性疾病；家庭关系中的压力；丧	Services	Toronto	English, French, Italian, Portuguese, Spanish, Farsi,	<a href="http://www.familyserVICEToronto.org">www.familyserVICEToronto.org</a> <a href="mailto:sau@familyserVICEToronto.org">sau@familyserVICEToronto.org</a>

		亲之痛。			Tagalog, Swahili	
10.	Home and Community Care Support Services (formerly 'LHIN')	有关 可供選擇的 当地护理 服務 的信息。  帮助人们在家中独立生活或申请长期护理。	Services	Ontario	English	Free  <a href="http://healthcareathome.ca">http://healthcareathome.ca</a>  416-506-9888
11.	Hospice Toronto	1 对 1 为生活机能受限的病人的 看护者和家人提供支持。	Services	Toronto	English	Free <a href="mailto:info@hospicetoronto.ca">info@hospicetoronto.ca</a> <a href="http://www.hospicetoronto.ca">www.hospicetoronto.ca</a>  (416) 364-1666
12.	iGeriCare	促进大脑健康的信息和关于照顾 抑郁症和 失智症 患者的信息。	Online	None	English	Free, <a href="https://igericare.healthhq.ca/en/lessons">https://igericare.healthhq.ca/en/lessons</a>
13.	Kensington Health Second Mile Club of Toronto	资格：所有居住在多伦多的看护者 <ul style="list-style-type: none"> <li>• 为看护者提供 1 对 1 辅导和 团体支持</li> <li>• 培训、信息和教育</li> <li>• 信息和转介</li> <li>• 每周支持小组</li> </ul>	Services	Toronto	English	Free  <a href="mailto:contactsmc@kensingtonhealth.org">contactsmc@kensingtonhealth.org</a> <a href="http://www.kensingtonhealth.org/community-care">www.kensingtonhealth.org/community-care</a>  (416) 597-0841 ext. 3620
14.	Ontario Caregiver Coalition	安大略省看护者自我倡导和盟友网络	Online, advocacy, info group	None	English	Free, <a href="https://www.ontariocaregivercoalition.ca">https://www.ontariocaregivercoalition.ca</a>

15.	Ontario Caregiver Organization (OCO) COVID-19: Multilingual Helpline	为看护者联系他们所需要的支持，包括为您的看护对象提供喘息服务、支持小组或项目。	Helpline  Downloadable resources	Ontario	Need basic English to access multiple languages on phone.	Contact Helpline at 1-833-416-2273 Available 24/7 or live chat on the website, Monday – Friday, 7am - 9pm. <a href="https://ontariocaregiver.ca/wp-content/uploads/2021/10/Programsandservicesforcaregivers_04Oct21.pdf">https://ontariocaregiver.ca/wp-content/uploads/2021/10/Programsandservicesforcaregivers_04Oct21.pdf</a>
16.	Ontario Caregiver Organization (OCO) COVID-19: Multilingual Tip Sheet	支持看护者的贴士 清單: <ul style="list-style-type: none"> <li>• 看护者入门工具</li> <li>• 如何照顾老人</li> <li>• 看护者希望医疗保健提供者知道的信息</li> </ul>	Online, Downloadable resource	Ontario	Arabic, Simplified Chinese, Farsi, Spanish, Tamil, Urdu	Free, <a href="https://ontariocaregiver.ca/covid-19/multilingual-resources">https://ontariocaregiver.ca/covid-19/multilingual-resources</a>
17.	Petro-Canada CareMakers Foundation	该项目 提供具体关于看护方面的教育课程，以及虚拟支持小组。	Online education and Videos	None	English	Free, <a href="https://www.caremakers.ca/en/resources">https://www.caremakers.ca/en/resources</a>
18.	Public Health Ontario (PHO) Multilingual COVID-19 Resources	用多种语言向公众解释 COVID-19。	Online, Downloadable resource	Ontario	Multiple languages	<a href="https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources?tab=0">https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources?tab=0</a>
19.	Regional Geriatric Programs of Ontario (RGPO)	给看护者的书籍 <ul style="list-style-type: none"> <li>• 临床主题</li> <li>• 看护策略</li> </ul>	Online, Downloadable resource	Ontario	English, French, Simplified Chinese, Traditional Chinese,	Free <a href="https://rgps.on.ca/resources/caregiving-strategies-handbook-additional-languages">https://rgps.on.ca/resources/caregiving-strategies-handbook-additional-languages</a>

	- Caregiving Strategies	<ul style="list-style-type: none"> <li>• 与专业人士沟通的技巧</li> <li>• 资源</li> </ul>			Spanish, Italian, Portuguese, Tagalog, Urdu, Bengali	
20.	Seniors Persons Living Connected - Caregiver Support Group	看护者的虚拟支持小组。每个语言组每月一次。	Online support group	Greater Toronto Area	English, Simplified Chinese, Korean, Tamil	Free <a href="https://www.splc.ca/caregiver-support-groups">https://www.splc.ca/caregiver-support-groups</a> Contact Elsa at 416-493-3333 ext. 305 or email: <a href="mailto:elsa@splc.ca">elsa@splc.ca</a>
21.	Seniors Persons Living Connected - The Geriatric Assessment and Intervention Network (GAIN) Clinic	医疗保健专业人员团队与患者和家属合作，提供临床护理和教育。	Online, Downloadable referral form	Scarborough	English, Italian, French, Simplified/Traditional Chinese, Korean, Arabic, Punjabi, Urdu, Tagalog, Filipino, Tamil	Free <a href="https://www.splc.ca/gain-community-team">https://www.splc.ca/gain-community-team</a>  For more information, call 416-493-3333 ext. 311
22.	Seniors Persons Living Connected - Adult Day Program	成人日间计划，为看护者提供喘息的机会。	In-person and Virtual Adult Day Program	Toronto	Greek, English	Fee for service - call 416-493-3333 or email <a href="mailto:info@splc.ca">info@splc.ca</a> . For referrals, call Home and Community Care Support Services at 416-750-2444. <a href="https://www.splc.ca/adult-day-programs">https://www.splc.ca/adult-day-programs</a>
23.	Sinai Health - CARERS - Coaching, Advocacy, Respite, Education,	小组项目侧重于护理失智症患者的实用技能和情感支持。  粤语 CARER 组	Virtual support group (due to Covid)	None	English, Simplified Chinese, Traditional Chinese	Free <a href="https://www.dementiacarers.ca/care-partner-programs/carers">https://www.dementiacarers.ca/care-partner-programs/carers</a>  Call: 416-291-3883 – staff speak Cantonese and Mandarin on the

	Relationship, Simulation					phone. Can self-refer, or be referred by family doctor or worker.
24.	Sinai Health - Caregiver Psychotherapy program	为患有慢性抑郁症和焦虑症的老年人的看护者开办的支持小组。每周一次，为期 2 个月的项目。	Virtual support group	None	English, Simplified Chinese, Traditional Chinese	Free Call: 416-291-3883 – staff speak Cantonese and Mandarin on the phone. Can self-refer, or be referred by family doctor or worker.
25.	Sinai Health - Dementia Advisor App	通过在您的移动设备上进行基于情景的培训，提供有效的应对技巧和专家指导。	Downloadable mobile resource	None	English	Free, need a mobile phone  <a href="https://www.dementiacarers.ca/resources/dementia-advisor-app">https://www.dementiacarers.ca/resources/dementia-advisor-app</a>
26.	Sinai Health- Dementia Care Tip sheet	为看护失智症患者的人提供的贴士和自我帮助策略。	Online, Downloadable resource	None	English	Free  <a href="https://www.dementiacarers.ca/resources/tip-sheets/">https://www.dementiacarers.ca/resources/tip-sheets/</a>
27.	Support House - Centre for Innovation in Peer Support	提供工具和资源以促进同境遇者间支持项目。	Online education platform	None	English	Free  <a href="https://supporthouse.ca/peer-services/system-and-partner-services/">https://supporthouse.ca/peer-services/system-and-partner-services/</a>
28.	Toronto Seniors Helpline	通过电话链接社区支持和支持性辅导。	Helpline and directory	Greater Toronto Area	Multiple languages	Free  <a href="https://211central.ca/directory-of-services-for-seniors-caregivers-in-toronto/">https://211central.ca/directory-of-services-for-seniors-caregivers-in-toronto/</a> Phone: 416-217-2077, Long Distance: 1-877-621-2077

						Monday-Friday: 9AM-8PM, Saturday-Sunday/ Statutory Holidays: 10AM-6PM
29.	Warden Woods Community Centre  <i>Respite services remain open. Other programs suspended until further notice.</i>	资格：无家可归者或卷入街头问 题的人。 Progress Avenue (24 小时喘息中 心)	Programs and services	East Toronto Area	English, Arabic, Tamil	<a href="mailto:warden@wardenwoods.com">warden@wardenwoods.com</a>  <a href="http://wardenwoods.com/en/respite-services/">wardenwoods.com/en/respite-services/</a>  416 639-6766
30.	WoodGreen Community Services - Caregiver Support and Wellness Program	为失智症患者或认知、老年心理 问题患者的照顾者提供个人和/或 团体支持。	Virtual and in-person.	Yonge St. to Scarboro ugh, Eglinton to Lake Shore Blvd.	English,  Access to over-the- phone interpretation	Free, weekday support  Call: 416-572-3575 (Intake), Email: cccentralintake@woodgreen.org. <a href="https://www.woodgreen.org/programs/caregiver-support-wellness">https://www.woodgreen.org/program s/caregiver-support-wellness</a>
31.	WoodGreen Community Services - Seniors Day Program	为 55 岁以上的受抚养成人提供 的团体环境，例如体弱的老年人 和患有残疾或失智症的人。  交通接送  送餐上门	Virtual and in-person program	Don Valley PkwY to Victoria Park Ave., Eglinton Ave. E. to Lake	English, Simplified Chinese, Traditional Chinese	Fee: \$20.00/day and \$8 for transportation (2 ways).  Call: 416-572-3575 (Intake), Email: cccentralintake@woodgreen.org. <a href="https://www.woodgreen.org/programs/seniors-day-programs">https://www.woodgreen.org/program s/seniors-day-programs</a>

				Shore Blvd.		
32.	YeeHong Caregiver Education and Support Services – CARE Learning	帮助护理人员获得知识、基本技能和健康支持。	Online education and videos, virtual and drop-in support group.	None	Simplified Chinese, Traditional Chinese	Free <a href="https://www.yeehong.com/centre/community-services/community-services-online/care-learning/">https://www.yeehong.com/centre/community-services/community-services-online/care-learning/</a>  416-412-4571 Ext. 2363 or email: caregiver.edu@yeehong.com 廣東話/普通話/英語查詢，請電 416-412-4571 內線 2363 或電郵致 caregiver.edu@yeehong.com

### 喘息服务 - 2022 年 1 月 25 日更新

#	组织 Organization	资格 服务描述 Service Description	服务费 Type of Resource	服务区 Service Area	语言 Languages	联系人 Contact
1.	<b>Dixon Hall - Seniors Services</b>  <i>Not currently accepting referrals</i>	老年人和残疾成年人。 <ul style="list-style-type: none"> <li>简单个人护理、服药提醒和膳食准备</li> <li>身体、社交或情感支持</li> <li>刺激活动</li> <li>社区内外出</li> <li>看护者喘息</li> <li><b>送餐上门、交通接送、友好电话</b></li> </ul>	Respite Care: \$9 per hour. 2 hours minimum per visit.  Subsidies available if client qualifies.	Toronto	English	intake@dixonhall.org  <a href="http://www.dixonhall.org">www.dixonhall.org</a>  Intake: 416-863-0499 ext. 3222



2.	<b>Kensington Health Centre* / Second Mile Club</b>  <i>Only phone call services and virtual meetings.</i>	所有居住在多伦多的看护者 <ul style="list-style-type: none"> <li>• 一对一和小组支持</li> <li>• 为看护者提供辅导</li> <li>• 培训和教育</li> <li>• 对客户的身心关怀</li> <li>• 信息和转介每周支持小组</li> <li>• 为 虚拟会议 提供 技术支持。</li> </ul>	Respite Care: \$12 per hour.	Toronto	Mandarin and Cantonese - free Virtual Community Group Chat Wednesdays 1:00 – 2:00pm	contactsmc@kensingtonhealth.org  <a href="http://www.kensingtonhealth.org">www.kensingtonhealth.org</a>  416- 597-0841 ext.3611
3.	<b>Native Canadian Centre of Toronto</b>  <i>In-person program is cancelled due to COVID-19.</i>	为原著民老年人和残疾原著民成年人提供支持和登门服务  为原著民老年人提供家庭护工支持和社区支持（如 医疗交通）。	Free	Downtown Core, Old Toronto Central LHIN - Victoria Park	Cree	reception@ncct.on.ca  <a href="https://ncct.on.ca/">https://ncct.on.ca/</a>  Phone: 416-964-9087 x304
4.	<b>Parkdale Golden Age Foundation – Respite</b>  <i>Accepting referrals, 2 weeks waiting period.</i>	老年人/残疾人的家庭协助服务。  为复杂疾病患者的看护者提供临时喘息。服务： <ul style="list-style-type: none"> <li>• 家务</li> <li>• 个人护理</li> <li>• 简单家务</li> <li>• 健康监测</li> </ul>	\$16 per hour (for first 12 hours per week. \$24 per hour after this) * 2 hour minimum.	West Toronto - Geographic exceptions can be made.	Spanish Portuguese Tagalog	<a href="mailto:pgaf@rogers.com">pgaf@rogers.com</a> <a href="http://www.pgaf.ca">www.pgaf.ca</a>  Phone: 416- 536-5534 Home Health Coordinator 647-233-7423

5.	<b>Reconnect Community Health Services</b>  <i>Accepting referrals. Set up an assessment with intake team.</i>	为老年人和残疾成年人 <ul style="list-style-type: none"> <li>• ( Bloor 街) 喘息护理 项目 为无法安全独处的体弱和/或残疾成年人的主要看护者提供喘息。</li> </ul>	<ul style="list-style-type: none"> <li>• Home Help/Personal Care, \$13.25 per hour</li> <li>• Respite Care, \$13.25 per hour</li> <li>• Adult Day Centre, up to 8 hours, \$24.00, Each hour after (Eglinton location only), \$4</li> </ul>	Service area is on the website.	No	<a href="mailto:contact@reconnect.on.ca">contact@reconnect.on.ca</a>  www.reconnect.on.ca  Phone: 416-248-2050 x8038
6.	<b>SPRINT Senior Care</b>  <i>No new referrals due to COVID-19</i>	为老年人和残疾成年人的看护者服务。 <ul style="list-style-type: none"> <li>• 接送服务</li> <li>• 送餐上门</li> <li>• 上门服务 - 护工护理</li> <li>• 社会工作支持</li> <li>• 服务区域：Bathurst 到 Bayview；北至 401 南至 Bloor。</li> </ul>	Fee for services  \$17.25 per hour for home making and personal care support.  \$47.75 on stat holidays. 1 hour minimum.	401 to the North and Bloor to the South	No	<a href="mailto:info@sprintseniorcare.org">info@sprintseniorcare.org</a>  <a href="http://www.sprintseniorcare.org">www.sprintseniorcare.org</a>  Phone: 416-481-6411 for intake
7.	<b>Storefront Humber Support Services</b> 2445 Lake Shore W  <i>Accepting referrals</i>	为老年人和残疾人服务。为复杂疾病患者的看护者服务： <ul style="list-style-type: none"> <li>• 家务</li> <li>• 个人护理</li> <li>• 简单家务</li> <li>• 护理人员照顾</li> <li>• 健康监测</li> </ul>	Subsidized pricing \$ 7.50 - \$19/hour depending on location, income. Halton/ Mississauga: Flat rate, \$26.	Toronto	No	<a href="http://www.storefronthumber.ca">www.storefronthumber.ca</a>  <a href="mailto:sfh@storefronthumber.ca">sfh@storefronthumber.ca</a>  Phone: 416-259-4207 x 234

<p><b>8.</b></p>	<p><b>The Neighbourhood Link/ The Neighbourhood Group</b></p> <p>3036 Danforth Ave Toronto M4C 1N2</p> <p><i>(As of February 2, 2022)</i></p>	<p>为残疾成年人和中风患者服务。</p> <ul style="list-style-type: none"> <li>• 社交、娱乐和治疗活动</li> <li>• 支持家庭看护者</li> <li>• 锻炼计划</li> <li>• 护工做家务</li> <li>• 自我转介或组织可转介。</li> </ul>	<p>Adult Day Programs (some include transportation):</p> <p>i) 349 Ontario Street (East): Mon, Tues, Weds, and Friday Strokes survivor program: \$10 per day with meals</p> <p>ii) 11 Main Street: Mon – Sat, Mon to Friday is \$25 max.</p> <p>iii) Adult Day Program 340 College Street Mon - Fri, \$22 per day. Respite care in the community, sliding scale fee (free - \$30.00 per hour subsidized).</p>	<p>Toronto-wide for all programs except north of Bloor and west of Yonge and Etobicoke.</p>	<p>Adult Day Program 340 College Street – seniors (Chinese-Mandarin, Cantonese Portuguese, Korean).</p> <p>If there's a language need for respite care, they can provide it.</p>	<p>E-mail : <a href="mailto:info@neighbourhoodlink.org">info@neighbourhoodlink.org</a></p> <p><a href="https://www.theneighbourhoodgroup.org/">https://www.theneighbourhoodgroup.org/</a></p> <p>For urgent Respite Care needs only 9:00 – 5:00 (416-649-1000)</p> <p>Adult Day Program is in-person /phone (416-698-5908)</p>
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9.	<b>West Neighbourhood House</b>  248 Ossington Ave Toronto, ON M6J 3A2  <i>Accepting referrals but will be waitlisted. Home help-cleaning services – no waitlist</i>	为复杂疾病患者的看护者服务。  老年人服务： <ul style="list-style-type: none"> <li>• 家务</li> <li>• 个人护理</li> <li>• 清洁服务</li> <li>• 登门日间计划支持。</li> </ul>	<ul style="list-style-type: none"> <li>• Personal care, \$15.60 per hr, min visit 2 hrs. more than 10 hrs/week is \$28.10</li> <li>• Holiday rate: \$56.10 per hr</li> <li>• Homemaking: \$13.25 per hr. Min of 2 hours, bi-weekly service.</li> <li>• In-home day program support with a PSW/activity worker. \$24 for 3 hrs.</li> <li>• *Subsidies available if client qualifies.</li> </ul>	Toronto	No	<a href="mailto:info@westnh.org">info@westnh.org</a>  <a href="http://www.westnh.org/home-supports/">www.westnh.org/home-supports/</a>  Phone: 416-532-4828
10.	<b>WoodGreen Community Services</b>  <i>New referrals to ADP and SALCs are on hold but maintaining a waitlist.</i>	为老年人和残疾成年人服务 <ul style="list-style-type: none"> <li>• 成人日间计划、接送服务、送餐上门</li> <li>• 老年人积极生活中心</li> <li>• 转介到 WoodGreen 看护者支持与健康计划和其它社区服务</li> <li>• 多个地点有托儿服务。</li> </ul>	<ul style="list-style-type: none"> <li>• Adult Day Program - \$20.00/day</li> <li>• Transportation services - \$8 for 2 ways.</li> <li>• Subsidies available if client qualifies.</li> <li>• Seniors Active Living Centre – \$0</li> </ul>	East Toronto (ADP and SALC): Don Valley Parkway to Victoria Park Ave., Eglinton Ave. E. to Lake Shore Blvd	Cantonese and Mandarin in Adult Day program	Email <a href="mailto:cccentralintake@woodgreen.org">cccentralintake@woodgreen.org</a>  Call (416) 572-3575 <a href="http://www.woodgreen.org">www.woodgreen.org</a>
11.	<b>Etobicoke Services for Seniors</b>	需要身体、社交或情感支持和看护者喘息的老年人。	<ul style="list-style-type: none"> <li>• In-home respite support services, \$22 per hour for,</li> </ul>	Etobicoke	No	<a href="mailto:agency@essupports.org">agency@essupports.org</a>

	<p><b>In-Home Respite Care</b></p> <p><i>Currently accepting referrals for respite services</i></p>	<ul style="list-style-type: none"> <li>• 服务包括个人护理、简单家务、洗衣、陪伴、膳食准备和服药协助</li> </ul>	<p>.hour min - 4 hour max.</p> <ul style="list-style-type: none"> <li>• Overnight Respite Fee: \$60/night - PSW onsite 24/7, Can stay for 1-40 nights</li> <li>• Subsidies available if client qualifies.</li> </ul>			<p><a href="http://www.esssupportservices.ca">www.esssupportservices.ca</a></p> <p>Phone: 416-243-0127 x 301</p>
12.	<p><b>Safehaven Project for Community Living</b></p> <p><i>Program is closed, but they can review request for crisis respite.</i></p>	<p>服务于患有多种残疾和复杂医疗需求的 0-18 岁儿童和青少年；和看护者。</p> <ul style="list-style-type: none"> <li>• 10 个床位喘息中心，带厨房、游乐区、资源中心、史露西伦 Snoezelen 感官室</li> <li>• 位于北约克、怡陶碧谷、奥罗拉和伍德布里奇的 4 座私人团体居所</li> <li>• 针对居民家属的教育和支持 项目</li> </ul>	<p>\$40/night - subsidized rate.</p>	<p>Toronto – Bloor St. W.</p> <p>North York, Etobicoke, Aurora and Woodbridge</p>	<p>Phone interpretation available</p>	<p><a href="mailto:admin@safehaven.to">admin@safehaven.to</a></p> <p><a href="http://www.safehaven.to">www.safehaven.to</a></p> <p>Phone: 416-535-8525</p> <p>X226 Contact Maria</p>
13.	<p><b>Casey House</b></p> <p><i>Currently accepting referrals, but there is 1-2 month wait list.</i></p>	<p>为 感染 艾滋病毒/艾滋病的人服务。</p> <ul style="list-style-type: none"> <li>• 为晚期艾滋病毒/艾滋病患者提供住院、门诊医疗保健服务和社区护理</li> <li>• 物理治疗服务</li> <li>• 为艾滋病毒/艾滋病患者提供喘息护理</li> </ul>	<p>Eligibility:</p> <p>Free, 2-week hospital stay</p>	<p>Toronto</p>	<p>Can connect to interpreter.</p>	<p><a href="mailto:heart@caseyhouse.ca">heart@caseyhouse.ca</a></p> <p><a href="http://www.caseyhouse.com">www.caseyhouse.com</a></p> <p>Phone: 416-962-4040 ext.8000</p>

14.	<b>Above &amp; Beyond Homecare (For-Profit)</b>  <i>Currently accepting clients for all services.</i>	<ul style="list-style-type: none"> <li>• 家庭协助、陪伴、喘息护理、医疗接送</li> <li>• 理发和修指甲。</li> <li>• 彻底/深度清洁</li> <li>• 为虫害侵扰或 害虫聚集 提供支持，包括喷洒处理。</li> </ul>	<ul style="list-style-type: none"> <li>• \$27/hr. 3 hrs min/day</li> <li>• Overnight \$250 per 8 hr. shift</li> <li>• Higher rates on stat holidays.</li> <li>• \$30 per hr for deep cleaning (3 hrs min)</li> <li>• Extreme clean \$90 per hour</li> </ul>	Toronto	English, but various languages are spoken by diverse PSW team.	<a href="mailto:info@aboveandbeyondhomecare.ca">info@aboveandbeyondhomecare.ca</a> <a href="http://www.aboveandbeyondhomecare.ca">www.aboveandbeyondhomecare.ca</a> Contact: Patricia Phone: 1-866-466-9091
15.	<b>Entrust the care (For-Profit)</b>  <i>Accepting referrals for home cleaning services – not respite</i>	<ul style="list-style-type: none"> <li>• 家庭护理服务包括彻底清洁、臭虫处理准备和蒸汽消毒。</li> </ul>	<ul style="list-style-type: none"> <li>• \$45 per hr per person, min of 8 hrs.</li> <li>• Note: if job requires a 2-person team it is \$90/hr.</li> </ul>	Toronto		<a href="mailto:luigia@entrustthecare.com">luigia@entrustthecare.com</a>  <a href="https://entrustthecare.com">https://entrustthecare.com</a>  Contact: Luigi Alana 416-822-6670
16.	<b>Ethio Canadian Homecare (For-Profit)</b>  <i>Accepting referrals</i>	<ul style="list-style-type: none"> <li>• 家庭护理、个人护理、陪伴、膳食准备、服药提醒、简单家务、医疗护送、购物协助。</li> <li>• 可提供住家看护者服务。</li> </ul>	\$27 per hr, min 2 rs. 24/7, overnight.	Toronto	Chinese Italian Arabic Amharic Tigrinya	<a href="mailto:Info@echomecare.ca">Info@echomecare.ca</a>  <a href="https://echomecare.ca">https://echomecare.ca</a>  647-350-8403
17.	<b>Angel's Home &amp; Community Care (For-Profit)</b>  <i>Accepting referrals</i>	<p>为老年人和 13-24 岁的青少年服务，如果需要，可以超过 24 岁。</p> <ul style="list-style-type: none"> <li>• 家庭帮助、个人支持、护理、医疗护送。</li> <li>• 仅限“M”邮政编码</li> <li>• 日间 项目，喘息服务</li> </ul>	<ul style="list-style-type: none"> <li>• \$25 per hr, 2 hrs consecutively for seniors.</li> <li>• \$35 per hr for youth with intellectual or developmental disability</li> </ul>	“M” postal codes only	Call for availability	Email: <a href="mailto:angelshomecommunity@gmail.com">angelshomecommunity@gmail.com</a>  <a href="http://Home(angelshome.ca)">Home(angelshome.ca)</a>  647-380-3242

			<ul style="list-style-type: none"> <li>• Subsidy program: \$18-20, for those who earn under \$25,000 per year.</li> <li>• \$5 - Drop-in day program for seniors with lunch, snack and activities. Expecting to open February 2022.</li> </ul>			
18.	<b>CareFirst</b>  <i>Accepting referrals through Home and Community Care (LHIN). Or self-referrals for virtual day program.</i>	<p>老年人和看护者</p> <ul style="list-style-type: none"> <li>• 个人护理</li> <li>• 家务</li> <li>• 家庭/护理机构/医院环境中的看护者喘息项目。</li> <li>• 服务地区：士嘉堡、市中心和约克区（列治文山和万锦）</li> <li>• 如果不需要 CareFirst 交通接送，服务地区以外客户可以自行参加</li> </ul>	<ul style="list-style-type: none"> <li>• Home Care Service – \$0 through Home and Community Care.</li> <li>• Home Care Service (Private Pay): \$32.50 per hr - Day</li> <li>• \$42 per night for the first 3 nights, overnight 5pm – 9am; Over 3 nights, \$38 per stay</li> <li>• Adult Day Program for Scarborough and Victoria Park sites: 9am – 3pm, Monday - Friday, \$26 per day</li> <li>• York region, 9893 Leslie Street: \$38-45 per day</li> </ul>	Scarborough, Victoria Park, York Region	Cantonese  Mandarin	<p><a href="mailto:info@carefirstseniors.com">info@carefirstseniors.com</a></p> <p><a href="https://carefirstontario.ca">https://carefirstontario.ca</a></p> <p>General Phone: 416-502-2323 Home Care Service Hotline: 416-847-8938 Direct contact, Carol: 416-847-0296</p>

19.	<b>YeeHong</b>  <i>Accepting referrals</i>	<p>成人日间项目:</p> <ul style="list-style-type: none"> <li>• 创意艺术与兴趣培养</li> <li>• 运动和健身</li> <li>• 社交联谊</li> <li>• 教育和学习</li> </ul> <p>家庭护理服务:</p> <ul style="list-style-type: none"> <li>• 个人护理</li> <li>• 家务</li> <li>• 安全检查</li> <li>• 护理协调</li> </ul>	<ul style="list-style-type: none"> <li>• Fees vary, please contact individual centres for more information.</li> <li>• Mississauga Adult Day Program - go through the Mississauga Halton Local Health Integration Network (telephone: 905-855-9090 or toll free: 1-877-336-9090).</li> </ul>	Toronto, Mississauga	Cantonese  Mandarin	<a href="https://www.yeehong.com/">https://www.yeehong.com/</a> General Phone: (416) 412-4571  Scarborough-Finch: ext. 5612 Scarborough McNicoll: ext. 2621 Markham: ext. 3603 Mississauga: ext. 4301
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