

## Service Providers that offer Caregiver Supports

Activities that provide information, education, training and therapeutic counseling that will assist the caregiver, family member(s) and/or other service providers for the purposes of providing care and support to a particular individual directly or indirectly.

**Please note: this inventory was last updated January 25, 2022 and there may be program changes**

#	Organization	Service Description	Type of Resource	Service Area	Languages	Contact Information
1.	211 Ontario – multilingual	Phoneline directing you to local resources/services.	Online and phone service	Ontario	Multiple languages	Free, Call 211. Available 24 hours a day, 7 days a week. <a href="https://211ontario.ca/">https://211ontario.ca/</a>
2.	Alzheimer Society Canada –Educational resources	Dementia facts and supports for caregivers (in various languages).  Resource to help you recognize the risk of someone going missing (in various languages)  Free online courses and webinars on dementia and dementia care (in English).	Online, Downloadable resource	None	English, French, Hindi, Simplified Chinese, Traditional Chinese Spanish, Italian, Portuguese, Tagalog, Urdu, Bengali	Free, multilingual ‘Introduction to Dementia’ (2020), <a href="https://alzheimer.ca/en/help-support/dementia-resources/national-resource-library">https://alzheimer.ca/en/help-support/dementia-resources/national-resource-library</a>  Free resources <a href="http://findingyourwayontario.ca">http://findingyourwayontario.ca</a>  Free courses (English), <a href="https://alz.to/courses-learning-programs/">https://alz.to/courses-learning-programs/</a>
3.	Alzheimer Society Toronto - Cantonese Peer Support Group for Caregivers	8-session Cantonese Peer-led Support  Group for family member with Alzheimer’s Disease or other dementias.	Online, Downloadable resource	Ontario	Traditional Chinese	Free, <a href="https://alz.to/event/cantonese-peer-support-group-online/">https://alz.to/event/cantonese-peer-support-group-online/</a>

3.	Alzheimer Society Toronto - Resource Book for Caregivers	A 13-page booklet to offer support and information to people with dementia and their caregivers.	Online, Downloadable resource	Toronto	English	Free <a href="https://alz.to/wp-content/uploads/2019/04/AST_Resource_Book_for_CG_and_PWD_English_10.2.2018.pdf">https://alz.to/wp-content/uploads/2019/04/AST_Resource_Book_for_CG_and_PWD_English_10.2.2018.pdf</a>
4.	Baycrest Quick-Response Caregiver Tool	Educational and supportive tool for caregivers	Online education and videos	None	English WoodGreen is working on having this translated	Free <a href="https://www.baycrest.org/Baycrest/Education-Training/Educational-Resources/Baycrest-Quick-Response-Caregiver-Tool">https://www.baycrest.org/Baycrest/Education-Training/Educational-Resources/Baycrest-Quick-Response-Caregiver-Tool</a>
5.	CABHI - LEAP	Community platform for caregivers and older adults to learn and collaborate on better aging and brain health.	Online educational group	None	English	Free, register to join. <a href="https://www.cabhi.com/leap">https://www.cabhi.com/leap</a>
6.	CareFirst – Caregivers Support and Education Program	Promoting the health and wellbeing of caregivers.  Individual supportive counselling, support group; educational seminars; social activities	Online and in-person education.	Toronto	English, Simplified Chinese, Traditional Chinese	Free, some fee for service. <a href="https://carefirstontario.ca">https://carefirstontario.ca</a>
7.	ELIZZ 'Care Channel' by SE Health	Supportive resources for family and community caregivers.	Online education and videos	None	English, French, Punjabi, Simplified Chinese	Free <a href="https://carechannel.elizz.com">https://carechannel.elizz.com</a>

8.	Family Service Toronto  (Victoria Park Hub)	Must be 60+ (or 50+ if living with a disability) or a caregiver of a senior. Counselling services include: dealing with chronic or degenerative illness; stress in family relationships; bereavement.				<a href="http://www.familyserVICEToronto.org">www.familyserVICEToronto.org</a> <a href="mailto:sau@familyserVICEToronto.org">sau@familyserVICEToronto.org</a>
9.	Home and Community Care Support Services (formerly 'LHIN')	Information about local care options.  Helping people to live independently at home or apply to long-term care.	Services	Ontario	English	Free  <a href="http://healthcareathome.ca">http://healthcareathome.ca</a>  416-506-9888
10.	Hospice Toronto	1-1 support of caregivers and families of people living with a life-limiting illness.		Toronto	English	Free <a href="mailto:info@hospicetoronto.ca">info@hospicetoronto.ca</a> <a href="http://www.hospicetoronto.ca">www.hospicetoronto.ca</a> (416) 364-1666
11.	iGeriCare	Information promoting brain health and caring for someone with depression and dementia.	Online	None	English	Free, <a href="https://igericare.healthhq.ca/en/lessons">https://igericare.healthhq.ca/en/lessons</a>
12.	Kensington Health Second Mile Club of Toronto	Eligibility: All caregivers living in Toronto <ul style="list-style-type: none"> <li>• 1:1 counseling and group support for caregivers</li> <li>• Training, information and education</li> <li>• Information and referral</li> <li>• Weekly support group</li> </ul>				Free  <a href="mailto:contactsmc@kensingtonhealth.org">contactsmc@kensingtonhealth.org</a> <a href="http://www.kensingtonhealth.org/community-care">www.kensingtonhealth.org/community-care</a>  (416) 597-0841 ext. 3620

13.	Ontario Caregiver Coalition	Ontario network of caregiver self-advocates and allies	Online, advocacy, info group	None	English	Free, <a href="https://www.ontariocaregivercoalition.ca">https://www.ontariocaregivercoalition.ca</a>
14..	Ontario Caregiver Organization (OCO) COVID-19: Multilingual Helpline	Connects caregivers to the support they need, including respite, support groups or programs for the person you care for.	Helpline  Downloadable resources	Ontario	Need basic English to access multiple languages on phone.	Contact Helpline 1-833-416-2273 Available 24/7 or live chat on the website, Monday – Friday, 7am - 9pm. <a href="https://ontariocaregiver.ca/wp-content/uploads/2021/10/Programsandservicesforcaregivers_04Oct21.pdf">https://ontariocaregiver.ca/wp-content/uploads/2021/10/Programsandservicesforcaregivers_04Oct21.pdf</a>
15.	Ontario Caregiver Organization (OCO) COVID-19: Multilingual Tip Sheet	Tip sheets to support caregivers: <ul style="list-style-type: none"><li>• Caregiver Start Kit</li><li>• Caring for Seniors</li><li>• What Caregivers Want Healthcare Providers to Know</li></ul>	Online, Downloadable resource	Ontario	Arabic, Simplified Chinese Farsi, Spanish, Tamil, Urdu	Free, <a href="https://ontariocaregiver.ca/covid-19/multilingual-resources">https://ontariocaregiver.ca/covid-19/multilingual-resources</a>
16.	Petro-Canada CareMakers Foundation	The program offers educational sessions on topics specific to caregiving and virtual support group.	Online education and Videos	None	English	Free, <a href="https://www.caremakers.ca/en/resources">https://www.caremakers.ca/en/resources</a>
17.	Public Health Ontario (PHO) Multilingual COVID-19 Resources	Explains COVID-19 to the general public in multiple languages.	Online, Downloadable resource	Ontario	Multiple languages	<a href="https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources?tab=0">https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources?tab=0</a>

18.	Regional Geriatric Programs of Ontario (RGPO) - Caregiving Strategies	Book for caregivers <ul style="list-style-type: none"> <li>• Clinical topics</li> <li>• Caregiving Strategies</li> <li>• Tips on communicating with professionals</li> <li>• Resources</li> </ul>	Online, Downloadable resource	Ontario	English, French, Simplified Chinese, Traditional Chinese, Spanish, Italian, Portuguese, Tagalog, Urdu, Bengali	Free <a href="https://rgps.on.ca/resources/caregiving-strategies-handbook-additional-languages">https://rgps.on.ca/resources/caregiving-strategies-handbook-additional-languages</a>
19.	Seniors Persons Living Connected - Caregiver Support Group	Virtual support groups for caregivers. Once a month for each language group.	Online support group	Greater Toronto Area	English, Simplified Chinese, Korean, Tamil	Free <a href="https://www.splc.ca/caregiver-support-groups">https://www.splc.ca/caregiver-support-groups</a> Contact Elsa at 416-493-3333 ext. 305 or email: elsa@splc.ca
20.	Seniors Persons Living Connected - The Geriatric Assessment and Intervention Network (GAIN) Clinic	A team of health care professionals work collaboratively with patients and families to provide clinical care and education.	Online, Downloadable referral form	Scarborough	English, Italian, French, Simplified/Traditional Chinese, Korean, Arabic, Punjabi, Urdu, Tagalog, Filipino, Tamil	Free For more information, call 416-493-3333 ext. 311
21.	Seniors Persons Living Connected - Adult Day Program	Adult Day Program offering respite to caregivers.	In-person and Virtual Adult Day Program	Toronto	Greek, English	Fee for service - call 416-493-3333 or email info@splc.ca. For referrals, call Home and Community Care Support Services at 416-750-2444. <a href="https://www.splc.ca/adult-day-programs">https://www.splc.ca/adult-day-programs</a>

22.	Sinai Health - CARERS - Coaching, Advocacy, Respite, Education, Relationship, Simulation	Group programs focus on practical skills and emotional supports to care for people living with dementia.  Cantonese CARER group	Virtual support group (due to Covid)	None	English, Simplified Chinese, Traditional Chinese	Free <a href="https://www.dementiacarers.ca/care-partner-programs/carers">https://www.dementiacarers.ca/care-partner-programs/carers</a>  Call: 416-291-3883 – staff speak Cantonese and Mandarin on the phone. Can self-refer, or be referred by family doctor or worker.
23.	Sinai Health - Caregiver Psychotherapy program	Support group for caregivers who care for seniors with chronic depression and anxiety.  Weekly, 2-month program.	Virtual support group	None	English, Simplified Chinese, Traditional Chinese	Free Call: 416-291-3883 – staff speak Cantonese and Mandarin on the phone. Can self-refer, or be referred by family doctor or worker.
24.	Sinai Health - Dementia Advisor App	Effective coping skills and expert coaching through scenario-based training on your mobile device.	Downloadable mobile resource	None	English	Free, need a mobile phone  <a href="https://www.dementiacarers.ca/resources/dementia-advisor-app">https://www.dementiacarers.ca/resources/dementia-advisor-app</a>
25.	Sinai Health- Dementia Care Tip sheet	Tips and self-help strategies for care partners caring for a person living with dementia.	Online, Downloadable resource	None	English	Free <a href="https://www.dementiacarers.ca/resources/tip-sheets/">https://www.dementiacarers.ca/resources/tip-sheets/</a>
26.	Support House - Centre for Innovation in Peer Support	Provides tools and resources to facilitate peer-support program.	Online education platform	None	English	Free <a href="https://supporthouse.ca/peer-services/system-and-partner-services/">https://supporthouse.ca/peer-services/system-and-partner-services/</a>

27.	Toronto Seniors Helpline	Provides linkages to community supports and supportive counselling over the phone.	Helpline and directory	Greater Toronto Area	Multiple languages	Free <a href="https://211central.ca/directory-of-services-for-seniors-caregivers-in-toronto/">https://211central.ca/directory-of-services-for-seniors-caregivers-in-toronto/</a> Phone: 416-217-2077, Long Distance: 1-877-621-2077  Monday-Friday: 9AM-8PM, Saturday-Sunday/ Statutory Holidays: 10AM-6PM
28.	Warden Woods Community Centre  <i>Respite services remain open. Other programs suspended until further notice.</i>	Eligibility: Homeless or street involved individuals. Progress Avenue (24- Hour Respite Site)	Programs and Services	East Toronto Area	English, Arabic, Tamil	<a href="mailto:warden@wardenwoods.com">warden@wardenwoods.com</a>  <a href="http://wardenwoods.com/en/respite-services/">wardenwoods.com/en/respite-services/</a>  416 639-6766
29.	WoodGreen Community Services - Caregiver Support and Wellness Program	Individual and/or group support for caregivers of people with dementia or cognitive, psychogeriatric issues.	Virtual and in-person.	Yonge St. to Scarborough, Eglinton to Lake Shore Blvd.	English,  Access to over-the-phone interpretation	Free, weekday support  Call: 416-572-3575 (Intake), Email: <a href="mailto:cccentralintake@woodgreen.org">cccentralintake@woodgreen.org</a> . <a href="https://www.woodgreen.org/programs/caregiver-support-wellness">https://www.woodgreen.org/programs/caregiver-support-wellness</a>
30.	WoodGreen Community Services -	A group setting for dependent adults 55+, such as the frail elderly and individuals living with disabilities or dementia.	Virtual and in-person program	Don Valley Pkwy to Victoria Park	English, Simplified Chinese,	Fee: \$20.00/day and \$8 for transportation (2 ways).  Call: 416-572-3575 (Intake), Email: <a href="mailto:cccentralintake@woodgreen.org">cccentralintake@woodgreen.org</a> .

	Seniors Day Program	Transportation Meals on Wheels		Ave., Eglinton Ave. E. to Lake Shore Blvd.	Traditional Chinese	<a href="https://www.woodgreen.org/programs/seniors-day-programs">https://www.woodgreen.org/programs/seniors-day-programs</a>
31.	YeeHong Caregiver Education and Support Services – CARE Learning	Helps caregivers with knowledge, essential skills and wellness support.	Online education and videos, virtual and drop-in support group.	None	Simplified Chinese, Traditional Chinese	Free <a href="https://www.yeehong.com/centre/community-services/community-services-online/care-learning/">https://www.yeehong.com/centre/community-services/community-services-online/care-learning/</a>  416-412-4571 Ext. 2363 or email: caregiver.edu@yeehong.com 廣東話普通話/英語查詢, 請電 416-412-4571 內線 2363 或電郵致 caregiver.edu@yeehong.com

**Respite Services (from Toronto Seniors Helpline) - updated January 25, 2022**

#	Organization	Fees	Eligibility/ Service Description	Service Area	Languages	Contact
1.	<b>Dixon Hall - Seniors Services</b>  <i>Not currently accepting referrals</i>	Respite Care: \$9 per hour. 2 hours minimum per visit.  Subsidies available if client qualifies.	Older adults and adults with disabilities. <ul style="list-style-type: none"> <li>• Light personal care, medication reminders and meal preparation</li> <li>• Physical, social, or emotional supports</li> <li>• Stimulating activities</li> </ul>	Toronto	English	intake@dixon hall.org  <a href="http://www.dixonhall.org">www.dixonhall.org</a>



			<ul style="list-style-type: none"> <li>• Outings in the community</li> <li>• Caregiver relief</li> <li>• Meals-on-wheels, transportation, friendly phone calls</li> </ul>			Intake: 416-863-0499 ext. 3222
2.	<b>Kensington Health Centre* / Second Mile Club</b>  <i>Only phone call services and virtual meetings.</i>	Respite Care: \$12 per hour.	All caregivers living in Toronto <ul style="list-style-type: none"> <li>• One-on-one and group support</li> <li>• Counseling for caregivers</li> <li>• Training and education</li> <li>• Physical and emotional care to client</li> <li>• Information and referral weekly support group</li> <li>• Tech support for virtual meetings.</li> </ul>	Toronto	Mandarin and Cantonese - free Virtual Community Group Chat Wednesdays 1:00 – 2:00pm	contactsmc@kensingtonhealth.org  <a href="http://www.kensingtonhealth.org">www.kensingtonhealth.org</a>  416- 597-0841 ext.3611
3.	<b>Native Canadian Centre of Toronto</b>  <i>In-person program is cancelled due to COVID-19.</i>	Free	Support and outreach to Indigenous seniors, and Indigenous adults with disabilities <ul style="list-style-type: none"> <li>• PSW supports at home and community supports (i.e. Medical transportation) for Indigenous Seniors.</li> </ul>	Downtown Core, Old Toronto Central LHIN - Victoria Park	Cree	<a href="mailto:reception@ncct.on.ca">reception@ncct.on.ca</a>  www.ncct.on.ca Phone: 416-964-9087 x304

4.	<b>Parkdale Golden Age Foundation – Respite</b>  <i>Accepting referrals, 2 weeks waiting period.</i>	\$16 per hour (for first 12 hours per week. \$24 per hour after this) * 2 hour minimum.	Home help services for older adults/ people with disabilities.  Temporary relief for caregivers of people with complex medical conditions. Services: <ul style="list-style-type: none"> <li>• homemaking</li> <li>• personal care</li> <li>• light housekeeping</li> <li>• health monitoring</li> </ul>	West Toronto - Geographic exceptions can be made.	Spanish  Portuguese  Tagalog	<a href="mailto:pgaf@rogers.com">pgaf@rogers.com</a> <a href="http://www.pgaf.ca">www.pgaf.ca</a>  Phone: 416-536-5534 Home Health Coordinator 647-233-7423
5.	<b>Reconnect Community Health Services</b>  <i>Accepting referrals. Set up an assessment with intake team.</i>	<ul style="list-style-type: none"> <li>• Home Help/Personal Care, \$13.25 per hour</li> <li>• Respite Care, \$13.25 per hour</li> <li>• Adult Day Centre, up to 8 hours, \$24.00, Each hour after (Eglinton location only), \$4</li> </ul>	For older adults/ adults with disabilities <ul style="list-style-type: none"> <li>• The (Bloor Site) Respite Care program offers relief to primary caregivers of frail and/or disabled adults who cannot be safely left alone.</li> </ul>	Service area is on the website.	No	<a href="mailto:contact@reconnect.on.ca">contact@reconnect.on.ca</a>  <a href="http://www.reconnect.on.ca">www.reconnect.on.ca</a>  Phone: 416-248-2050 x8038

6.	<b>SPRINT Senior Care</b>  <i>No new referrals due to COVID-19</i>	Fee for services  \$17.25 per hour for home making and personal care support.  \$47.75 on stat holidays. 1 hour minimum.	For caregivers to older adults and adults with disabilities. <ul style="list-style-type: none"> <li>• Transportation services</li> <li>• Meals on wheels</li> <li>• In home services - PSW care</li> <li>• Social work support</li> </ul>	401 to the North and Bloor to the South	No	<a href="mailto:info@sprintseniorcare.org">info@sprintseniorcare.org</a>  www.sprintseniorcare.org  Phone: 416-481-6411 for intake
7.	<b>Storefront Humber Support Services</b> 2445 Lake Shore W  <i>Accepting referrals</i>	Subsidized pricing \$ 7.50 - \$19/hour depending on location, income. Halton/ Mississauga: Flat rate, \$26.	For older adults and people with disabilities. For caregivers of people with complex medical conditions: <ul style="list-style-type: none"> <li>• homemaking</li> <li>• personal care</li> <li>• light housekeeping</li> <li>• attendant care</li> <li>• health monitoring</li> </ul>	Toronto	No	<a href="http://www.storefronthumber.ca">www.storefronthumber.ca</a>  <a href="mailto:sfh@storefronthumber.ca">sfh@storefronthumber.ca</a>  Phone: 416-259-4207 x 234

8.	<p><b>The Neighbourhood Link/ The Neighbourhood Group</b></p> <p>3036 Danforth Ave Toronto M4C 1N2</p> <p><i>(As of February 2, 2022)</i></p>	<p>Adult Day Programs (some include transportation):</p> <p>i) 349 Ontario Street (East): Mon, Tues, Weds, and Friday Strokes survivor program: \$10 per day with meals</p> <p>ii) 11 Main Street: Mon – Sat, Mon to Friday is \$25 max.</p> <p>iii) Adult Day Program 340 College Street Mon - Fri, \$22 per day.</p> <p>Respite care in the community, sliding scale fee (free - \$30.00 per hour subsidized).</p>	<p>For adults with disabilities and who have experienced a stroke.</p> <ul style="list-style-type: none"> <li>• Social, recreational, and therapeutic activities</li> <li>• Support family caregivers</li> <li>• Exercise program</li> <li>• Personal Support Homemaking</li> <li>• Self-referral or organization can refer.</li> </ul>	<p>Toronto-wide for all programs except north of Bloor and west of Yonge and Etobicoke.</p>	<p>Adult Day Program 340 College Street – seniors (Chinese-Mandarin, Cantonese Portuguese, Korean).</p> <p>If there's a language need for respite care, they can provide it.</p>	<p>E-mail : <a href="mailto:info@neighbourhoodlink.org">info@neighbourhoodlink.org</a></p> <p><a href="https://www.the-neighbourhood-group.org/">https://www.the-neighbourhood-group.org/</a></p> <p>For urgent Respite Care needs only 9:00 – 5:00 (416-649-1000)</p> <p>Adult Day Program is in-person /phone (416-698-5908)</p>
9.	<p><b>West Neighbourhood House</b></p> <p>248 Ossington Ave Toronto, ON M6J 3A2</p> <p><i>Accepting referrals but will be waitlisted. Home help-</i></p>	<ul style="list-style-type: none"> <li>• Personal care, \$15.60 per hr, min visit 2 hrs. more than 10 hrs/week is \$28.10</li> <li>• Holiday rate: \$56.10 per hr</li> <li>• Homemaking: \$13.25 per hr. Min of 2 hours, bi-weekly service.</li> <li>• In-home day program support with a PSW/activity worker. \$24 for 3 hrs.</li> </ul> <p>*Subsidies available if client qualifies.</p>	<p>For caregivers of people with complex medical conditions.</p> <p>Older Adult Services:</p> <ul style="list-style-type: none"> <li>• Homemaking</li> <li>• Personal care</li> <li>• Cleaning Services</li> <li>• In-home day program support.</li> </ul>	<p>Toronto</p>	<p>No</p>	<p><a href="mailto:info@westnh.org">info@westnh.org</a></p> <p><a href="http://www.westnh.org/homesupports/">www.westnh.org/homesupports/</a></p> <p>Phone: 416-532-4828</p>

	<i>cleaning services – no waitlist</i>					
<b>10.</b>	<b>WoodGreen Community Services</b>  <i>New referrals to ADP and SALCs are on hold but maintaining a waitlist.</i>	<ul style="list-style-type: none"> <li>• Adult Day Program - \$20.00/day</li> <li>• Transportation services - \$8 for 2 ways.</li> <li>• Subsidies available if client qualifies.</li> <li>• Seniors Active Living Centre – \$0</li> </ul>	For older adults, and adults with disabilities <ul style="list-style-type: none"> <li>• Adult Day Program, Transportation services, Meals on Wheels</li> <li>• Seniors Active Living Centre</li> <li>• Referral support to WoodGreen’s Caregiver Support &amp; Wellness program and other community services</li> <li>• Child care in several locations.</li> </ul>	East Toronto (ADP and SALC): Don Valley Parkway to Victoria Park Ave., Eglinton Ave. E. to Lake Shore Bld	Cantonese and Mandarin in Adult Day program	Email <a href="mailto:cccentralintake@woodgreen.org">cccentralintake@woodgreen.org</a>  Call (416) 572-3575 <a href="http://www.woodgreen.org">www.woodgreen.org</a>
<b>11.</b>	<b>Etobicoke Services for Seniors In-Home Respite Care</b>  <i>Currently accepting referrals for respite services</i>	<ul style="list-style-type: none"> <li>• In-home respite support services, \$22 per hour for, .hour min - 4 hour max.</li> <li>• Overnight Respite Fee: \$60/night -PSW onsite 24/7, Can stay for 1-40 nights</li> <li>• Subsidies available if client qualifies.</li> </ul>	Older adults who need physical, social, or emotional supports and caregiver relief. <ul style="list-style-type: none"> <li>• Services include personal care, light housekeeping, laundry, companion, meal preparation and medication assistance</li> </ul>	Etobicoke	No	<a href="mailto:agency@esssupportservices.ca">agency@esssupportservices.ca</a>  <a href="http://www.esssupportservices.ca">www.esssupportservices.ca</a> Phone: 416-243-0127 x 301

12.	<b>Safehaven Project for Community Living</b>  <i>Program is closed, but they can review request for crisis respite.</i>	\$40/night - subsidized rate.	Children and youth 0-18 years, who have multiple disabilities and complex medical needs; and caregivers. <ul style="list-style-type: none"> <li>• 10 bed respite facility, with kitchen, play areas, resource centre, Snoezelen sensory room</li> <li>• 4 private residential group homes in North York, Etobicoke, Aurora and Woodbridge</li> <li>• Educational and support programs for families of residents</li> </ul>	Toronto – Bloor St. W.  North York, Etobicoke, Aurora and Woodbridge	Phone interpretation available	<a href="mailto:admin@safehaven.to">admin@safehaven.to</a>  <a href="http://www.safehaven.to">www.safehaven.to</a>  <b>Phone:</b> <a href="tel:416-535-8525">416-535-8525</a>  X226 Contact Maria
13.	<b>Casey House</b>  <i>Currently accepting referrals, but there is 1-2 month wait list.</i>	Eligibility:  Free, 2-week hospital stay	People experiencing medically complex HIV/AIDS. <ul style="list-style-type: none"> <li>• Inpatient, outpatient health care services, and community care for people living with advanced HIV/AIDS</li> <li>• Physiotherapy services</li> <li>• Respite Care for people with HIV/AIDS</li> </ul>	Toronto	Can connect to interpreter.	<a href="mailto:heart@caseyhouse.ca">heart@caseyhouse.ca</a>  <a href="http://www.caseyhouse.com">www.caseyhouse.com</a>  Phone: 416-962-4040 ext.8000
14.	<b>Above &amp; Beyond Homecare (For-Profit)</b>  <i>Currently accepting clients for all services.</i>	<ul style="list-style-type: none"> <li>• \$27/hr. 3 hrs min/day</li> <li>• Overnight \$250 per 8 hr. shift</li> <li>• Higher rates on stat holidays.</li> <li>• \$30 per hr for deep cleaning (3 hrs min)</li> <li>• Extreme clean \$90 per hour</li> </ul>	<ul style="list-style-type: none"> <li>• Home Help; companionship; respite care; medical transportation</li> <li>• Hair and nail care.</li> <li>• Extreme/deep cleaning</li> <li>• Support for bug infestations or hoarding, including treatment spray.</li> </ul>	Toronto	English, but various languages are spoken by diverse PSW team.	<a href="mailto:info@aboveandbeyondhomecare.ca">info@aboveandbeyondhomecare.ca</a> <a href="http://www.aboveandbeyondhomecare.ca">www.aboveandbeyondhomecare.ca</a> Contact: Patricia Phone: 1-866-466-9091

15.	<b>Entrust the care (For-Profit)</b>  <i>Accepting referrals for home cleaning services – not respite</i>	<ul style="list-style-type: none"> <li>• \$45 per hr per person, min of 8 hrs.</li> <li>• Note: if job requires a 2-person team it is \$90/hr.</li> </ul>	<ul style="list-style-type: none"> <li>• Home care services include extreme cleaning, bed bug prep and steaming.</li> </ul>	Toronto		luigia@entrustthecare.com  <a href="https://entrustthecare.com">https://entrustthecare.com</a> Contact: Luigi Alana 416-822-6670
16.	<b>Ethio Canadian Homecare (For-Profit)</b>  <i>Accepting referrals</i>	\$27 per hr, min 2 rs. 24/7, overnight.	<ul style="list-style-type: none"> <li>• Home care, personal care, companionship, meal prep, medication reminders, light housekeeping, medical escort, shopping assistance.</li> <li>• Live in caregivers available.</li> </ul>	Toronto	Chinese Italian Arabic Amharic Tigrinya	<a href="mailto:Info@echomecare.ca">Info@echomecare.ca</a> <a href="http://echomecare.ca">echomecare.ca</a> 647-350-8403
17.	<b>Angel's Home &amp; Community Care (For-Profit)</b>  <i>Accepting referrals</i>	<ul style="list-style-type: none"> <li>• \$25 per hr, 2 hrs consecutively for seniors.</li> <li>• \$35 per hr for youth with intellectual or developmental disability</li> <li>• Subsidy program: \$18-20, for those who earn under \$25,000 per year.</li> <li>• \$5 - Drop-in day program for seniors with lunch, snack and activities. Expecting to open February 2022.</li> </ul>	Seniors and youth 13-24 years old, over 24 years if needed. <ul style="list-style-type: none"> <li>• Home help, personal support, nursing, medical escort.</li> <li>• Day Program, respite</li> </ul>	"M" postal codes only	Call for availability	Email: <a href="mailto:angelshomecommunity@gmail.com">angelshomecommunity@gmail.com</a>  <a href="http://Home(angelshome.ca)">Home(angelshome.ca)</a>  647-380-3242

18.	<b>CareFirst</b>  <i>Accepting referrals through Home and Community Care (LHIN). Or self-referrals for virtual day program.</i>	<ul style="list-style-type: none"> <li>• Home Care Service – \$0 through Home and Community Care.</li> <li>• Home Care Service (Private Pay): \$32.50 per hr - Day</li> <li>• \$42 per night for the first 3 nights, overnight 5pm – 9am; Over 3 nights, \$38 per stay</li> <li>• Adult Day Program for Scarborough and Victoria Park sites: 9am – 3pm, Monday - Friday, \$26 per day</li> <li>• York region, 9893 Leslie Street: \$38-45 per day</li> </ul>	<p>Older adults and caregivers</p> <ul style="list-style-type: none"> <li>• Personal Care</li> <li>• Homemaking</li> <li>• Caregiver Relief program in home/care facility/hospital setting.</li> <li>• Catchment area: Scarborough, Downtown and York Region (Richmond and Markham)</li> <li>• Client can attend on their own outside of catchment area if they don't need CareFirst transportation</li> </ul>	<p>Scarborough, Victoria Park, York Region</p>	<p>Cantonese Mandarin</p>	<p><a href="mailto:info@carefirstseniors.com">info@carefirstseniors.com</a>   <a href="https://carefirstontario.ca">https://carefirstontario.ca</a>   General Phone: 416-502-2323  Home Care Service Hotline: 416-847-8938  Direct contact, Carol: 416-847-0296</p>
19.	<b>YeeHong</b>  <i>Accepting referrals</i>	<ul style="list-style-type: none"> <li>• Fees vary, please contact individual centres for more information.</li> <li>• Mississauga Adult Day Program - go through the Mississauga Halton Local Health Integration Network (telephone: 905-855-9090 or toll free: 1-877-336-9090).</li> </ul>	<p>Adult Day Program:</p> <ul style="list-style-type: none"> <li>• Creative arts and interest cultivation</li> <li>• Exercise and fitness</li> <li>• Social networking</li> <li>• Education and learning</li> </ul> <p>Home Care Services:</p> <ul style="list-style-type: none"> <li>• Personal care</li> <li>• Homemaking</li> <li>• Security checks</li> <li>• Care coordination</li> </ul>	<p>Toronto, Mississauga</p>	<p>Cantonese Mandarin</p>	<p><a href="https://www.yeehong.com/">https://www.yeehong.com/</a>   General Phone: (416) 412-4571   Scarborough-Finch: ext. 5612   Scarborough McNicoll: ext. 2621   Markham: ext. 3603   Mississauga: ext. 4301</p>