

Caregiver Support and Wellness Program

WoodGreen's Caregiver Support and Wellness Program

is for individuals caring for a family member, partner, or friend living with dementia or other physical, mental, or developmental issues. Our clinical counselors provide one-to-one counseling, system navigation, and case management to help caregivers problem-solve, prevent burnout, and improve their health and well-being. The peer support group offers a safe space for caregivers to share their experiences and learn from one another.

Contact us

Community Care Unit Central Intake line

☎ 416-572-3575

✉ cccentralintake@woodgreen.org



Opportunity made here.

WOODGREEN.ORG