

# WoodGreen Seniors' Active Living Centre – SEP Program Calendar (VIRTUAL)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Program	<b>**CENTRE WILL BE CLOSED ON SEP 4 &amp; SEP 25 - 29, 2023**</b>				
		<p><b>9:30–10:15 (Hybrid)</b>  <a href="#">Stay Active at Home L3</a></p>	<p><b>2:00–3:00 (Hybrid)</b>  <a href="#">Stay Active at Home L1 /L2</a></p>	<p><b>9:30–10:15 (Hybrid)</b>  <a href="#">Stay Active at Home L1 /L2</a></p> <p><b>10:15–11:15</b>  <b>Calligraphy Class (Chinese)</b></p> <ul style="list-style-type: none"> <li>• Contact Aimin at 416-405-5010</li> </ul> <p><b>11:00–12:00 (Hybrid)</b>  <b>Zumba Gold</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Register HERE</a></li> </ul> <p><b>1:00–2:00</b>  <b>How to Use WeChat(Chinese)</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Register Here</a> or Contact Aimin at 416-405-5010</li> </ul>	<p><b>10:00–11:00</b>  <b><a href="#">Good Morning WoodGreen (Cantonese)</a></b></p>
Bi-Weekly & One Time Event				<p><b>Sep 21 2:30–3:30</b>  <b>Watercolor Discussion (Chinese)</b></p> <ul style="list-style-type: none"> <li>• Contact Aimin at 416-405-5010 to Register</li> </ul> <p><b>Sep 21 3:00–4:30</b>  <b>Let's Talk Movies: The Umbrellas of Cherbourg</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Register HERE</a> or Contact Raff at <a href="mailto:rislam@woodgreen.org">rislam@woodgreen.org</a></li> </ul>	<p><b>Sep 1 &amp; 15 12:30–1:30</b>  <b><a href="#">Mandarin Discussion</a></b></p> <p><b>Sep 8 &amp; 22 12:30–1:30</b>  <b><a href="#">Mandarin ChatTime</a></b></p>

**FOR MORE INFORMATION AND REGISTRATION, PLEASE CONTACT SHIRMAN AT 416-728-7865 OR [SMAK@WOODGREEN.ORG](mailto:SMAK@WOODGREEN.ORG)**  
**PHYSICAL ACTIVITY | WORKSHOP, SKILL DEVELOPMENT | GROUP AND CLUB, SOCIAL ACTIVITY | CONGREGATE DINING, PARTY, OUTING**