

WoodGreen Seniors' Active Living Centre– Mar Program Calendar **(VIRTUAL)**



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|--|---|--|--|
| Weekly Program | **CENTRE WILL BE CLOSED FROM MAR 27 - 31, 2023** | | | | |
| | | <p>9:30–10:15 (Hybrid) <u>Stay Active at Home L3</u></p> <p>1:00–2:00 (Hybrid) Healing Dance</p> <ul style="list-style-type: none"> • Register HERE • Jan 10–Mar 7 • No class on Jan 24 | <p>10:30–12:00 Spanish Class for Intermediate</p> <ul style="list-style-type: none"> • Register HERE • Jan 18—Mar 22 <p>2:00–3:00 (Hybrid) <u>Stay Active at Home L1 /L2</u></p> | <p>9:30–10:15 (Hybrid) <u>Stay Active at Home L1 /L2</u></p> <p>10:15–11:30 **Full** <u>Painting Class (Chinese)</u></p> <p>11:00–12:00 (Hybrid) Zumba Gold</p> <ul style="list-style-type: none"> • Register HERE <p>1:30–2:30 Cellphone Photography (Chinese)</p> <ul style="list-style-type: none"> • Register here | <p>10:00–11:00 <u>Good Morning WoodGreen (Cantonese)</u></p> <p>12:00–12:45 <u>Let's Discuss It</u></p> |
| Bi-Weekly & One Time Event | | <p>Mar 21 1:30–3:00 <u>Tech Talk: Making Purchases</u> <u>Online</u></p> | <p>Mar 8 12:30–2:30 Tasty Club (English)</p> <ul style="list-style-type: none"> • Register HERE • Registration starts on Feb 23 <p>Mar 15 12:30–2:30 Tasty Club (Chinese)</p> <ul style="list-style-type: none"> • Register HERE • Registration starts on Feb 16 <p>Mar 15 2:00–3:00 Book and Etc.</p> <ul style="list-style-type: none"> • Register HERE | <p>Mar 16 3:00–4:30 Let's Talk Movies</p> <ul style="list-style-type: none"> • Register HERE • Call Aimin at 416-405-5010 | <p>Mar 3 & 17 12:30–1:30 <u>Mandarin Discussion</u></p> <p>Mar 10 & 24 12:30–1:30 <u>Mandarin ChatTime</u></p> |

For More Information and Registration, Please Contact Lulu at 416–466–2111 or lyao@woodgreen.org

Physical Activity | Workshop, Skill Development | Group and Club, Social Activity | Congregate Dining, Party, Outing

WOODGREEN SENIORS' ACTIVE LIVING CENTRE PRESENTS:
Tech Talk: Making Purchases Online



Date: Tuesday, Mar 21

Time: 1:30 pm - 3:00 pm

Location: Click HERE or

call 647-484-6017; ID: 187 062 068

FOR INQUIRIES, PLEASE CONTACT LULU AT
416-466-2111 OR LYAO@WOODGREEN.ORG